

After Your SMP

Your scalp will exfoliate over the next few weeks. The top layer of dead skin cells and dark SMP dots on your scalp will gradually fall off. The permanent SMP will appear on the new layer of skin. It will not appear as sharp and dark because you are seeing the SMP through the new layer of skin.

Guidelines to Follow

For the first 24 hours after your procedure, do not:



Wash or scrub your hair or scalp. You may take a shower.

For three days:



Lightly rinse your scalp with lukewarm water.



Do not use saunas or steam rooms.



Do not use hair products, shampoo, or conditioners.

After three days:



You may use shampoo with lukewarm water. Be very gentle with your scalp.



Do not use Rogaine (minoxidil) for two weeks. Any products that contain alcohol will discolor the new SMP. It takes roughly one or two weeks for the new SMP pigment to settle.



Your scalp may become dry or itchy. It is recommended that you keep your scalp moisturized with a **thin** layer of organic oils, such as coconut oil, argan oil, etc. **Do not overdo it.**



Constant exposure to ultraviolet light (sunlight) will slowly lighten the SMP. Always use sunblock or wear a hat to minimize this.



Avoid soaking your scalp in chlorinated water.